

Ven. Dhammavidita

Ven. Dhammavidita was born Phinnarat Runghaphuti, in 1967 in Nakhonrajsima in northeast Thailand. She was never married.

When she was four years old she followed her parents to the temple and she the peaceful appearance of the monastics had a strong affect on her.

She graduate from high school in 1992 and with her family managed a fruit garden with both sweet tamarind and avocado. Since she was 19, she enjoyed listening to dhamma talks on radio and this sparked her strong interest in the Dhamma.

In 2011 she met Ven. Dhammananda for the first time on a TV program and sought samaneri ordination in 2019, deciding to follow the monastic path instead of working in the family business.

She was fully ordained and was the only Thai candidate to join the first bhikkhuni ordination hosted and organized by United Theravada Bhikkhuni Sangha International (UTBSI) and Maha Bodhi Society of India (MBSI).

Her preceptor was Ven. Saranankara Maha Nayaka Maha Thera, chief monk of Theravada sangha in Malaysia, her Pavattini was Ven. Santini Maha Theri from Indonesia.

She is now staying under the guidance of Ven. Dhammananda to complete her 2 years with a senior bhikkhuni teacher as required by Vinaya.

Ven. Dhammavidita, as a member of Songdhammakalyani temple, is responsible for the maintenance of The Medicine Buddha Vihara.

In her meditation practice, she focuses on the nature of the four elements.